





# PRP/DERMAPEN – History (PRP-Hx)

REDBAMBOO  
MEDI•SPA

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

The Platelet Rich Plasma/Dermapen Procedure is used to treat scars, wrinkles, stretch marks, enlarged pores, hyperpigmentation and loose skin. PRP injections are used to treat soft tissue inflammatory conditions. The success of the treatment depends largely on the health of your platelets. Please answer the following questions.

Your date of birth: \_\_\_\_\_

### Do you have any of the following:

- Yes / No** Have you ever had a blood clotting disorder, low platelets or platelet dysfunction?
- Yes / No** COPD, emphysema or chronic lung disease?
- Yes / No** Coronary artery disease, angina, heart disease, heart stents, bypass or pacemaker?
- Yes / No** Do you take blood thinners of ANY type?  
(coumadin, warfarin, plavix, eliquis, xarelto or pradaxa)?
- Yes / No** Do you take aspirin on a regular basis?
- Yes / No** Do you take non-steroidal anti-inflammatories (NSAIDs)?  
(ibuprofen, motrin, advil, aleve, naprosyn, nuprin, etc.)
- Yes / No** Do you take fish oil, flaxseed oil, St. John’s Wort or Vitamin E?
- Yes / No** Have you ever had cancer of the face or neck?  
(including melanoma, squamous cell or basal cell cancers)
- Yes / No** Have you ever had any facial surgery?
- Yes / No** Do you use tobacco products?
- Yes / No** Are you pregnant or nursing?

**Please list all the prescription and non-prescription medications you are taking including vitamins, herbal preparations and supplements:**

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I certify that the above information is true to the best of my knowledge.

\_\_\_\_\_  
Signature



# PRP/DERMAPEN

## Pre and Post Treatment

### (PRP-PreTx)

REDBAMBOO  
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Patient Name: \_\_\_\_\_  
(Print)

The Platelet Rich Plasma/Dermapen Procedure is used to treat scars, wrinkles, stretch marks, enlarged pores, hyperpigmentation and loose skin. The success of your treatment depends largely upon the health of your platelets. Please keep your skin and platelets healthy by following the instructions below.

**For two weeks prior to your procedure**

**AND for two weeks following your procedure, you must strictly avoid**

- 1) Aspirin and all aspirin-containing products. Even **ONE BABY ASPIRIN** will poison your platelets for 2 weeks.
- 2) All non-steroidal anti-inflammatory products (**NSAIDs**) including ibuprofen, motrin, advil, aleve, naprosyn, nuprin, etc.
- 3) All blood thinners including coumadin, warfarin, plavix, eliquis, xarelto and pradaxa.
- 4) Flaxseed oil, fish oil, Vitamin E and St. John's Wort.
- 5) Sun exposure, tanning beds, heat lamps, chemical peels or laser skin treatments.
- 6) Tobacco products of any type including nicotine delivery devices.

**It is absolutely essential that you avoid injuring these delicate platelets and skin cells for at least two weeks before and after PRP/Dermapen.**

Please **do not apply make-up** before your arrival at Red Bamboo.

**The results with PRP/Dermapen are not immediate.** It takes months for the stem cells to convert into new skin cells and fibroblasts and then months for them to create new collagen. **Multiple treatments are recommended to achieve the best results.** Commonly 3 to 6 treatments are performed with a combination of PRP/Dermapen and simple Dermapen Treatments without PRP spaced several months apart.

Some localized discomfort is likely during the procedure but this is usually described as mildly irritating. After the procedure, your skin will look a little red or raw and may feel a little tight. There may be some areas of micro-bleeding or bruising. **This is completely normal.**

We ask that you **do not wash your face until the next day.** The next day, you should be able to wash your face, apply make-up and resume your normal activities.

I certify that I have read and received a copy of these instructions.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



# PRP/DERMAPEN Consent

## (PRP-C)

REDBAMBOO

MEDI•SPA

Physician: Toscano

Patient Name: \_\_\_\_\_

(Print)

The Platelet Rich Plasma/Dermapen Procedure is used to treat scars, wrinkles, stretch marks, enlarged pores, hyperpigmentation and loose skin. The procedure consists of three parts:

First, 10 cc of your blood is drawn into a vacuum tube. (For multiple treatment areas, 20 cc may be needed.) The blood is spun to concentrate the platelets and the plasma to form Platelet Rich Plasma or PRP. PRP also is rich in growth factors and stem cells. These substances encourage the growth of new blood vessels, new skin cells, new fibroblasts and new collagen.

Second, the treatment area is numbed with topical anesthetic and then thousands of tiny micro-channels are created in the skin using the Dermapen. The head of the Dermapen consists of 11 tiny sterile needles that puncture the skin to a precise depth determined by the physician.

Finally, once the micro-channels are opened, the physician will apply a portion of your PRP directly to your skin and massage it in. Depending upon the areas to be treated, the physician may also directly inject some of your PRP directly into problem areas.

It is absolutely essential that you avoid injuring these delicate platelets and skin cells for at least two weeks. Coumadin, Plavix, lovenox and other anti-coagulants should be avoided. **Even one single baby aspirin will injure your platelets.** Motrin, advil, aleve, ibuprofen, naprosyn, nuprin – any non-steroidal anti-inflammatory medicine (NSAIDs) – all interfere with platelet function and should be avoided for at least two weeks. Fish oil, flaxseed oil, Vitamin E, heat lamps, tanning beds, direct sun exposure and chemical peels can all interfere with the effectiveness of the procedure.

**The results with PRP/Dermapen are not immediate.** It takes months for the stem cells to convert into new skin cells and fibroblasts and then months more for them to create new collagen. **Multiple treatments are recommended to achieve the best results.** Commonly 3 to 6 treatments are performed spaced several months apart. Your physician will evaluate your progress and recommend a treatment schedule specifically for you.

Complications are rare. Some localized discomfort is likely during the procedure but this is usually described as mildly irritating rather than painful. Afterward, your skin will look a little red or raw and may feel tight. There may be areas of micro bleeding or bruising but this is usually mild and resolves quickly. An allergic reaction to the topical anesthetic is possible but unlikely. Localized infection, some localized scarring or skin irregularities are also possible but unlikely.

I understand the risks and complications listed above. I have had an opportunity to ask questions and I am satisfied with the answers I have received. I understand that individual responses to this treatment vary and that no guarantees have been given. I give Dr. Toscano my consent to perform the PRP/Dermapen procedure on me.

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_