# MASSAGE INTAKE (MI)

Patient Name (Print) _____ Today's Date _____

Street: _____ Date of Birth _____

Apt # _____ Home Phone _____

City, State _____ Zip Code _____ Cell Phone _____

E-Mail _____

How did you hear about **REDBAMBOO**?

☐Walked by ☐Twitter ☐Groupon ☐Magazine Ad – Which? _____
☐Website ☐E-mail Blast ☐Facebook ☐Referred by Friend – Who? _____
☐Internet ☐Word of Mouth ☐Seminar or Event – Which? _____
☐Other _____

Do you have any of the following?

☐Neck pain ☐Headaches ☐ Heart attack ☐ Carpal tunnelsyndrome
☐Shoulder pain ☐Fibromyalgia ☐ Stroke ☐ Decreased range of motion
☐Upper back pain ☐ Sprains ☐ Cancer ☐ Arthritis, bursitis or gout
☐Mid-back pain ☐ Broken bones ☐ Diabetes ☐ Varicose veins
☐Lower back pain ☐Joint pain ☐ Seizures ☐Contact lenses
☐Sciatica ☐Accident or injury ☐Recent Surgery ☐ Allergies to oils or perfumes
☐ Scoliosis ☐High Blood Pressure
☐**Pregnant – How many weeks:** _____ ☐**Note from OB/Gyn?**

TODAY, are you suffering from any of the following?

☐Sunburn ☐Inflammation ☐Severe pain ☐Open cuts, bruises or burns
☐Headache ☐Cold or flu ☐Poison ivy ☐Irritated skin rash

For today's massage would you prefer relaxation, therapeutic, or deep tissue*?

☐**Relaxation** ☐**Therapeutic** (trigger points, muscle spasms, sore muscles) ☐**Deep Tissue** (decreases pain, aimed at deeper tissue structures, calms inflammation, increases range of motion)

*Please note that a Relaxation massage **involves very light pressure and is for relaxation only.** If you prefer deeper pressure, need sore spots released, or need deeper work on problem areas**, there will be an upcharge.** Ask your therapist for details.

If there are any areas you would like your therapist to focus on today, please indicate below:

_____

Are there any areas you would like your therapist to avoid today?

_____

What is the overall outcome you are trying to achieve through massage?

_____

My signature below indicates that the information above is correct and that I consent to receive a massage from my therapist.

**Signature:**

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Rx

To maintain the effects of today's service your **REDBAMBOO** Therapist recommends: